

Feedback Report: Mental Health Day Initiative – Mahindra & Mahindra Ltd.

The Mental Health Day Initiative organized by the Department of Psychology in collaboration with Mahindra & Mahindra Ltd. offered students practical exposure to workplace mental health in a corporate setting. **38 students** actively interacted with employees across all organizational levels, from senior managers to shop-floor and support staff, gaining insights into stress, wellbeing, and organizational mental health practices. The initiative was rated **Very Good / Highly Satisfactory** for its relevance and experiential learning value.



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